



**It takes courage for a child to do something as small as trying a new activity or tasting a new food.**

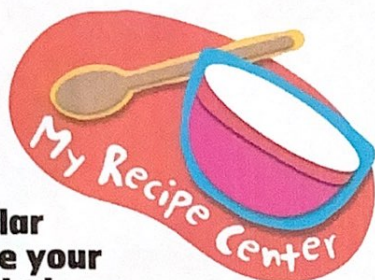
Take your child to a restaurant you've never gone to before, and encourage your child to order something he or she has never eaten. Say that God helps us be brave when we try new things. Your child will learn to depend on God for courage in simple tasks as well as overwhelming prospects.



**ASK** @ How much courage did it take to taste this food?

@ What else can God give you the courage to do?

**Make a snack that shakes and rattles, similar to the one your child might have tasted in class.**



In a plastic or metal covered container, have your child scoop cups full of Frosted Mini-Wheats, M&M's candies, raisins, pretzels, and dried fruit. Cover the container, and shake it while telling each other your fears. Stop shaking, and then enjoy the treat while you tell each other how God helps us be brave.

**ASK** @ What frightens you?

@ How does God help us be brave?

**What I Learned Today...**

**Bible Time:** This week's Bible passage (Acts 4:5-14) tells us that God helps us be brave. Peter had just healed a crippled man. Leaders such as the priests, Sadducees, rulers, and elders were "greatly disturbed" by this healing. Peter and John were thrown into jail. But neither threats nor jail could stop Peter from speaking the name of Jesus. He bravely shouted the truth to the world: Salvation is found in no one else, but through Jesus. The courage of these brave believers had the lasting impact of turning the world upside down.

**Key Verse:** The Holy Spirit will teach you (adapted from John 14:26).

**Daily Challenge**

**This week, your child learned** that God helps us be brave.

Your child committed to one of the following Daily Challenges to ask God to help him or her be brave this week. Help your child weave faith into life this week and follow through on the challenge!

1. Tell each person in your family one thing you're afraid of, and then tell them that God helps us be brave.
2. Draw a picture of something that makes you afraid, and then ask God to help you be brave.
3. Be brave and tell a friend about Jesus. With God's help, you can do anything!

