

# The Vow

## The Vow of Purity

### TALK IT OVER

#### Key Scripture

*Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. And the man and his wife were both naked and were not ashamed.* Genesis 2:24-25

#### Key Points

- Secrecy is the enemy of intimacy.

*Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths. <sup>9</sup> But the Lord God called to the man and said to him, "Where are you?" <sup>10</sup> And he said, "I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself." Genesis 3:7, 9-10*

- I promise to confide in you and not hide from you.

*for at one time you were darkness, but now you are light in the Lord. Walk as children of light (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. Ephesians 5:8-11*

#### More Scripture:

Matthew 5:27-28, Ephesians 5:3, Proverbs 5:8, Psalm 119:9-11

- Share a story of being caught sneaking something as a kid. What was your response to shame?

Start thinking. Ask a question to get your group thinking.

- How would you describe what shame and secrecy can do to relationships? Why do you think this happens?
- Read Matthew 5:27-28. Why do you think Jesus drew such a strong line with lust?

Start sharing. Choose a question to create openness.

- Read Psalm 119:9-11. How do you stay pure? How does this affect who you hang out with, what you watch, and where you go?
- Have you ever experienced the power of confession, forgiveness, and grace? Can you share some of your story?
- What could you do to eliminate temptation before it happens?

Pray:

Jesus, thank You for being the perfect sacrifice for our sins. Holy Spirit, give us the strength we need to resist temptation. Show us the sin we need to cut out of our lives with only Your help so we can be children of the light. Amen!

Start doing. Commit to a step, and live it out this week.

- Tell your spouse and/or someone you trust about any areas you're feeling shame or struggling with purity.

Start talking. Find a conversation starter for your group.